Prevent norovirus outbreaks and sick food workers:

Leveraging environmental health data into practice

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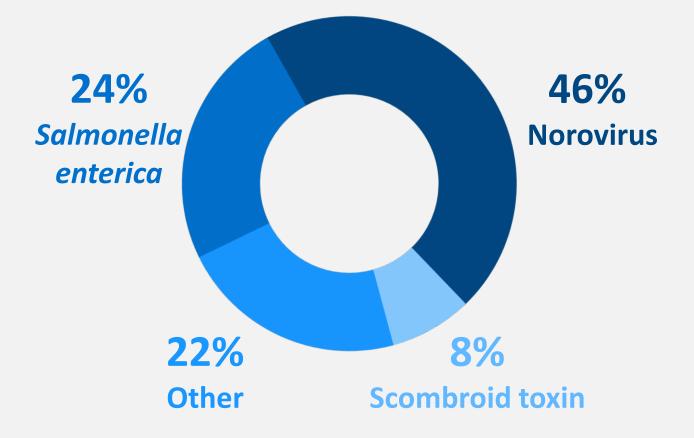
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National Center for Environmental Health



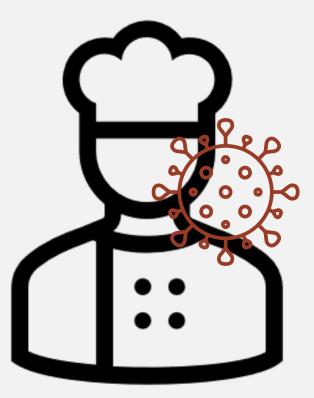
PREVENTION – UNDERSTANDING FOODBORNE OUTBREAK DATA

Norovirus is the most common restaurant outbreak pathogen.





Contamination by infectious workers is the top restaurant outbreak contributing factor.



Prevention of outbreak contributing factors is key.

Infectious workers contaminate food and environment.



Prevent infectious workers from working



Prevent bare hand contact with ready-to-eat food



Practice good hand hygiene



Clean and sanitize



PREVENTION – LEVERAGING EH DATA

Norovirus outbreaks were smaller and shorter when restaurants had certain practices.

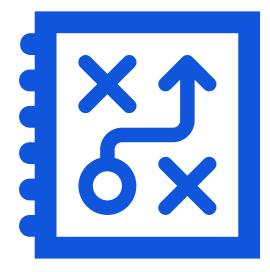


Hoover 2020 JFP

Workers work while sick for many reasons.

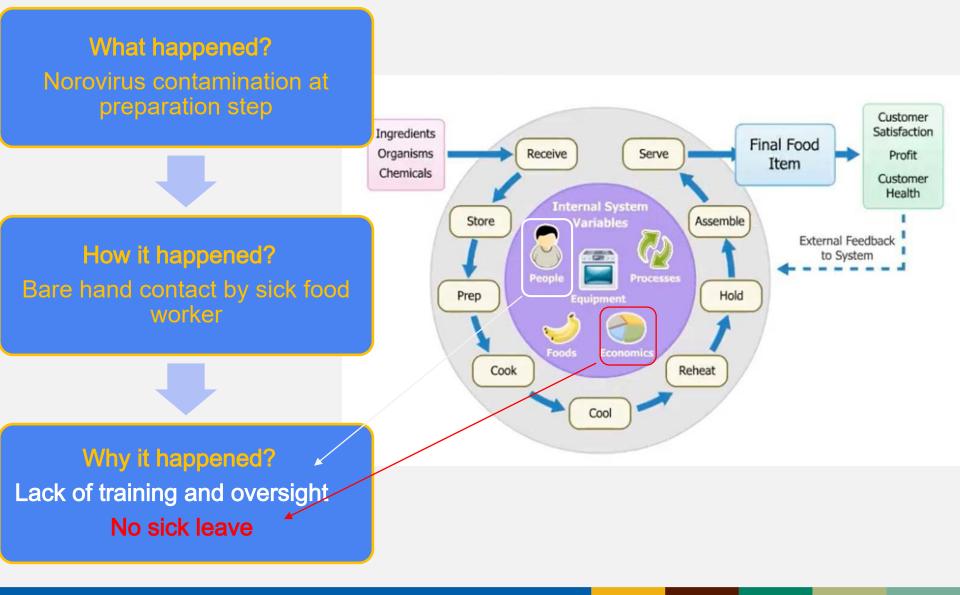






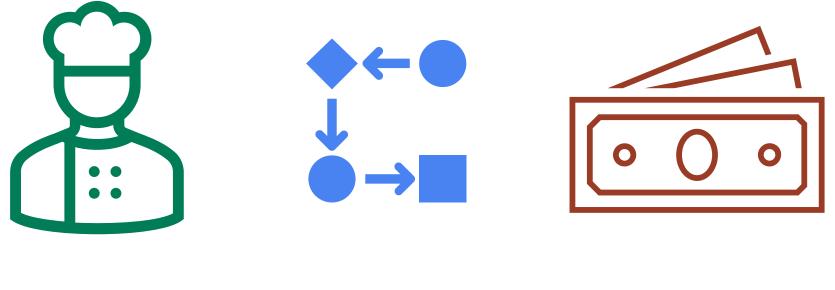
PREVENTION – INCORPORATING ROOT CAUSE ANALYSIS (ENVIRONMENTAL ASSESSMENTS) INTO INSPECTIONS

Environmental assessment data are used to stop current outbreaks and prevent future ones.





Environmental antecedents are the <u>outbreak root</u> <u>causes</u>.



People (n=311)

Process (n=37) Economics (n=35)

CDC NEARS data for norovirus outbreaks, 2017 -2019

People antecedents are the top norovirus outbreak root causes.

People Antecedents

- Lack of oversight of employees/enforcement of policies
- Lack of training on specific processes
- Lack of a food safety culture/attitude towards food safety

Long-term Solutions

- Operationalize, verify, and validate *Employee Health Policy*.
- Train food workers using plain language or in their language on the public health reasoning.
- Empower managers to create a safe, healthy environment.

Process antecedents are common norovirus outbreak root causes.

Process Antecedents

 Employees or managers not following the facility's process

Long-term Solutions

- Implement health screens prior to work shifts.
- Incorporate reminders into operation about not working while sick.



Economic antecedents are common norovirus outbreak root causes.

Economics Antecedents

 Lack of sick leave or other financial incentives to adhere to good practices

Long-term Solutions

- Offer make-up shifts for sick time.
- Provide on-call list.
- Provide sick leave (paid or unpaid).



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https://www.cdc.gov/nceh/ehs/food/index.html

For more information, contact NCEH 1-800-CDC-INFO (232-4636) TTY: 1-888-232-6348 www.cdc.gov Follow us on Twitter @CDCEnvironment

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.

