Protect Your Health While Dipnetting

PROTECT OUR WATERS AND PROTECT YOUR HEALTH

Elevated **BACTERIA** levels are observed on Kenai River beaches during summer months.

<u>GULLS</u> are believed to be the primary source of this bacteria. Gulls are attracted to the beaches by improperly disposed of fish carcasses and litter.

YOU can stay healthy, and discourage gulls from frequenting Kenai's beaches by following a few simple steps:

- Dispose of fish scraps by throwing them into fast moving, outflowing water
- Pack out all trash, or use designated dumpsters
- Use provided outhouses
- Pick up after your pets
- Wash your hands after fishing, and before eating
- Rinse fish in clean fresh water before consuming or freezing
- Discourage family members from wading or

swimming when bacteria levels are high

Learn more at: <u>http://beaches.alaska.gov</u>



Alaska Department of Environmental Conservation BEACH Program



PROTECT YOUR HEALTH

Exposure to enterococci and fecal coliform bacteria can cause rash, stomach aches, and diarrhea. Prevent accidental ingestion of river water. Wash your hands before eating, Rinse fish in clean water prior to storage and fully cook fish to a minimum. internal temperature of **145°F** before eating.

WHAT IS BEING DONE?

ADEC, the City of Kenai, and the Kenai Watershed Forum collect water samples weekly for testing. Resulting bacteria levels are posted online at the **ADEC BEACH Monitoring webpage**. ADEC also posts weekly updates on our Facebook page.

Looking for More Information?

Visit the BEACH Webpage

http://beaches.alaska.gov



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ADEC BEACH

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