

Cleaning Up Diarrhea and Vomit



Diarrhea and vomit have millions of microorganisms that can make people sick.

PREVENT THE SPREAD OF ILLNESS.

Clean this stuff up!

SUPPLIES

Personal Protective Equipment



Face masks



Single-use, disposable gloves

Other personal protective equipment to consider including in a clean-up kit:

- Single-use, disposable gowns with sleeves
- Single-use, disposable hair covers
- Single-use, disposable shoe covers

Cleaning Equipment



Roll of paper towels



Absorbent powder/solidifier
(Baking soda, kitty litter)



Scoop/scrapper
(Paper plates work and so does cardboard)



Plastic bag
(Make sure it can be closed with a tie or seal)



Bottle of disinfectant

CLEANING UP

1 Clear the area and block it off

Only staff who are cleaning should have access to the area where the incident occurred



2 Put on personal protective equipment

Viruses in diarrhea and vomit can be very contagious; protect staff who are cleaning



3 Clean

Hard surfaces and soft surfaces need to be cleaned (and later, disinfected) differently



4 Isolate the area for two hours

Virus particles can remain in the air for two hours; allow time for particles to settle before disinfecting



5 Disinfect

Disinfect surfaces in the contaminated area and in a 25-foot radius around the incident



Visit the Food Safety and Sanitation Program Website

For detailed clean-up directions, including how to clean and disinfect different types of surfaces, check out our online resources

dec.alaska.gov/eh/fss/food/resources/diarrhea-vomit

WASH YOUR HANDS OFTEN.



Alaska Food Safety and Sanitation Program

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dec.alaska.gov/eh/fss

